



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES																																																																															
	1 Crema de coliflor (Coliflor, puerro, cebolla y patata)	2 Sopa de cocido (pasta sin gluten)	3 Aroz a la milanesa (guisantes, ajo, cebolla, tomate, jamón y queso)	4 Lentejas caseras (harina sin gluten, zanahoria, tomate, patata, ajo, pimienta y cebolla)																																																																															
	Espárragos blancos con mahonesa	Cocido completo, Garbanzos, patata, chorizo, ternera, pollo	Mero al horno en salsa verde (harina sin gluten, cebolla, ajo y perejil)	Tortilla española (Huevo, patata y cebolla)																																																																															
	Pollo asado a las finas hierbas (Cebolla, vino, tomillo y laurel)	Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas	Champiñón	Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas																																																																															
	Patatas fritas	Fruta/Yogur	Fruta/Yogur	Fruta																																																																															
	Fruta	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua																																																																															
<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>792</td><td>36.8 g</td><td>78.8 g</td><td>25.1 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>685</td><td>32.8 g</td><td>78.4 g</td><td>22.9 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	792	36.8 g	78.8 g	25.1 g	Kcal	Prot	HCar	Lipid	685	32.8 g	78.4 g	22.9 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>770</td><td>35.8 g</td><td>95.1 g</td><td>29.4 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>688</td><td>34.9 g</td><td>75.2 g</td><td>23.6 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>34.4 g</td><td>77.3 g</td><td>25.1 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>34.4 g</td><td>77.3 g</td><td>25.1 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	770	35.8 g	95.1 g	29.4 g	Kcal	Prot	HCar	Lipid	688	34.9 g	75.2 g	23.6 g	Kcal	Prot	HCar	Lipid	701	34.4 g	77.3 g	25.1 g	Kcal	Prot	HCar	Lipid	701	34.4 g	77.3 g	25.1 g																																		
Kcal	Prot	HCar	Lipid																																																																																
792	36.8 g	78.8 g	25.1 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
685	32.8 g	78.4 g	22.9 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
770	35.8 g	95.1 g	29.4 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
688	34.9 g	75.2 g	23.6 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	34.4 g	77.3 g	25.1 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	34.4 g	77.3 g	25.1 g																																																																																
7	8	9	10	11																																																																															
Judías pintas con arroz (harina sin gluten, ajo, cebolla, tomate, pimienta, patata y zanahoria)	Fusilli a la napolitana (pasta sin gluten, cebolla, tomate, albahaca y oregano)	Menestra de verduras (judías verdes, zanahoria, alcachofa, champiñón, espárrago y guisante)	Aroz con verduras (cebolla, ajo, tomate, zanahoria, pimienta y alcachofa)	Guiso de garbanzos con calamares (harina sin gluten, cebolla, ajo, tomate, zanahoria, pimienta y calamares)																																																																															
Pechuga de pollo a la plancha	Salteado de alcachofas, champiñón y esórraas	Albóndigas en salsa (carne de cerdo, harina sin gluten, cebolla, ajo, vino, tomate y zanahoria)	Verduras asadas (calabacín, patata, pimienta, cebolla, y champiñón)	Filetes de pavo asado en salsa de zanahoria (harina sin gluten, cebolla, ajo, zanahoria y vino)																																																																															
Taquitos de tomate aliñados (aceite de oliva, sal y oregano)	Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas	Patatas fritas	Filete de palometa a la plancha	Patatas panadera																																																																															
Fruta/Yogur	Fruta	Fruta/Yogur	Fruta	Fruta/Yogur																																																																															
Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua																																																																															
<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>795</td><td>32.2 g</td><td>79.2 g</td><td>28.2 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>685</td><td>32.8 g</td><td>78.4 g</td><td>22.9 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	795	32.2 g	79.2 g	28.2 g	Kcal	Prot	HCar	Lipid	685	32.8 g	78.4 g	22.9 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>32.2g</td><td>78.2 g</td><td>25.7g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>690</td><td>33.8 g</td><td>71.2 g</td><td>23.1 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	700	32.2g	78.2 g	25.7g	Kcal	Prot	HCar	Lipid	690	33.8 g	71.2 g	23.1 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>699</td><td>34.9 g</td><td>78.3g</td><td>25.9 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>710</td><td>35.8 g</td><td>95.1 g</td><td>29.4 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>703</td><td>31.9 g</td><td>86.2 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>694</td><td>32.7 g</td><td>71.1 g</td><td>22.2 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	699	34.9 g	78.3g	25.9 g	Kcal	Prot	HCar	Lipid	710	35.8 g	95.1 g	29.4 g	Kcal	Prot	HCar	Lipid	703	31.9 g	86.2 g	25.8 g	Kcal	Prot	HCar	Lipid	694	32.7 g	71.1 g	22.2 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>33.8 g</td><td>74.9</td><td>25.2g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>33.8 g</td><td>74.9</td><td>25.2g</td></tr> </table>	Kcal	Prot	HCar	Lipid	701	33.8 g	74.9	25.2g	Kcal	Prot	HCar	Lipid	701	33.8 g	74.9	25.2g
Kcal	Prot	HCar	Lipid																																																																																
795	32.2 g	79.2 g	28.2 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
685	32.8 g	78.4 g	22.9 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	32.2g	78.2 g	25.7g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
690	33.8 g	71.2 g	23.1 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
699	34.9 g	78.3g	25.9 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
710	35.8 g	95.1 g	29.4 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
703	31.9 g	86.2 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
694	32.7 g	71.1 g	22.2 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	33.8 g	74.9	25.2g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	33.8 g	74.9	25.2g																																																																																
14	15	16	17	18																																																																															
Lentejas a la riojana (harina sin gluten, cebolla, ajo, pimienta, zanahoria, patata, tomate y carne de cerdo)	Crema de calabaza (calabaza, puerro, cebolla, zanahoria y patata)	Sopa de cocido (pasta sin gluten)	Aroz 5 delicias (guisante, zanahoria, huevo, gamba y york)	Plumas con salsa de quesos (pasta sin gluten, leche, nata y queso)																																																																															
Tortilla francesa con atún (huevo y atún)	Tacos de pollo al ajillo (ajo, vino y perejil)	Cocido completo, Garbanzos, patata, chorizo, ternera, pollo...	Coliflor aliñada	Hervido de acelgas con patatas																																																																															
Salteado de verduras	Patatas fritas	Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas	Escalopines de cerdo (carne de cerdo, huevo y pan rallado sin gluten)	Palometa guisada en salsa verde (harina sin gluten, cebolla, ajo, zanahoria y perejil)																																																																															
Fruta/Yogur	Fruta	Fruta/Yogur	Fruta	Fruta																																																																															
Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua																																																																															
<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>791</td><td>34.8g</td><td>78.1 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>705</td><td>34.9g</td><td>78.3 g</td><td>26.3 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>694</td><td>35.4g</td><td>72.1 g</td><td>23.5g</td></tr> </table>	Kcal	Prot	HCar	Lipid	791	34.8g	78.1 g	25.8 g	Kcal	Prot	HCar	Lipid	705	34.9g	78.3 g	26.3 g	Kcal	Prot	HCar	Lipid	694	35.4g	72.1 g	23.5g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>795</td><td>34.9g</td><td>78.3 g</td><td>26.3 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>705</td><td>34.9g</td><td>78.3 g</td><td>26.3 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	795	34.9g	78.3 g	26.3 g	Kcal	Prot	HCar	Lipid	705	34.9g	78.3 g	26.3 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>710</td><td>35.8 g</td><td>95.1 g</td><td>29.4 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>33.2g</td><td>75.2 g</td><td>24.4g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>694</td><td>35.4g</td><td>72.1 g</td><td>23.5g</td></tr> </table>	Kcal	Prot	HCar	Lipid	710	35.8 g	95.1 g	29.4 g	Kcal	Prot	HCar	Lipid	700	33.2g	75.2 g	24.4g	Kcal	Prot	HCar	Lipid	694	35.4g	72.1 g	23.5g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>34.1 g</td><td>73.2g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>34.1 g</td><td>73.2g</td><td>25.8 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	701	34.1 g	73.2g	25.8 g	Kcal	Prot	HCar	Lipid	701	34.1 g	73.2g	25.8 g
Kcal	Prot	HCar	Lipid																																																																																
791	34.8g	78.1 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
705	34.9g	78.3 g	26.3 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
694	35.4g	72.1 g	23.5g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
795	34.9g	78.3 g	26.3 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
705	34.9g	78.3 g	26.3 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
710	35.8 g	95.1 g	29.4 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	33.2g	75.2 g	24.4g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
694	35.4g	72.1 g	23.5g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	34.1 g	73.2g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	34.1 g	73.2g	25.8 g																																																																																
21	22	23	24	25																																																																															
Judías blancas con almejas (harina sin gluten, cebolla, ajo, pimienta, zanahoria, patata, tomate y almeja)	Tallarines a la carbonara (pasta sin gluten, nata, leche y carne de cerdo)	Sopa de marisco con estrellas (pasta sin gluten, cebolla, tomate, ajo, gamba, mejillón, almeja, calamar y pescados)	Velouté de guisantes (guisantes, puerro, patata, cebolla y calabacín)	Aroz caldoso con costillas (cebolla, ajo, pimienta, tomate y carne de cerdo)																																																																															
Tortilla española (huevo, patata y cebolla)	Verduras asadas	Lombarda rehogada con pasas y piñones	Albóndigas en salsa (carne de cerdo, cebolla, harina sin gluten, ajo, zanahoria y vino)	Espárragos verdes a la plancha																																																																															
Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas	Bacalao a la vizcaína (pimiento, cebolla, harina sin gluten y salsa de tomate)	Pechuga de pollo con salsa de setas (harina sin gluten, cebolla, ajo y setas)	Patatas fritas	Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas																																																																															
Fruta/Yogur	Patatas al vapor	Salteado de verduras	Fruta	Fruta/Yogur																																																																															
Pan sin gluten y agua	Fruta	Fruta/Yogur	Pan sin gluten y agua	Pan sin gluten y agua																																																																															
<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>792</td><td>33.3 g</td><td>76.1 g</td><td>26.6 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>699</td><td>33.7 g</td><td>72.6 g</td><td>24.5 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	792	33.3 g	76.1 g	26.6 g	Kcal	Prot	HCar	Lipid	699	33.7 g	72.6 g	24.5 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>34.1 g</td><td>73.2g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>699</td><td>33.7 g</td><td>72.6 g</td><td>24.5 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	701	34.1 g	73.2g	25.8 g	Kcal	Prot	HCar	Lipid	699	33.7 g	72.6 g	24.5 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>701</td><td>33.8 g</td><td>76.1 g</td><td>25.2g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>703</td><td>33.9 g</td><td>78.2 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>33.2g</td><td>75.2 g</td><td>24.4g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>694</td><td>35.4g</td><td>72.1 g</td><td>23.5g</td></tr> </table>	Kcal	Prot	HCar	Lipid	701	33.8 g	76.1 g	25.2g	Kcal	Prot	HCar	Lipid	703	33.9 g	78.2 g	25.8 g	Kcal	Prot	HCar	Lipid	700	33.2g	75.2 g	24.4g	Kcal	Prot	HCar	Lipid	694	35.4g	72.1 g	23.5g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>702</td><td>33.3 g</td><td>76.1 g</td><td>26.6 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>702</td><td>33.3 g</td><td>76.1 g</td><td>26.6 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	702	33.3 g	76.1 g	26.6 g	Kcal	Prot	HCar	Lipid	702	33.3 g	76.1 g	26.6 g
Kcal	Prot	HCar	Lipid																																																																																
792	33.3 g	76.1 g	26.6 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
699	33.7 g	72.6 g	24.5 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	34.1 g	73.2g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
699	33.7 g	72.6 g	24.5 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
701	33.8 g	76.1 g	25.2g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
703	33.9 g	78.2 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	33.2g	75.2 g	24.4g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
694	35.4g	72.1 g	23.5g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
702	33.3 g	76.1 g	26.6 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
702	33.3 g	76.1 g	26.6 g																																																																																
28	29	30	31																																																																																
Guiso de patatas con ternera y verduras (harina sin gluten, cebolla, ajo, tomate, zanahoria, alcachofas y guisantes)	Lentejas hortelanas (harina sin gluten, cebolla, ajo, pimienta, zanahoria, patata, tomate)	Espaguetis con gambas (pasta sin gluten, ajo, gambas y caldo de pescado)	Aroz con salsa de tomate																																																																																
Menestra de verduras con jamón	Filete de bacalao al horno	Brócoli aliñado	Salteado de setas, gambas y espárragos																																																																																
Chuleta de sojonía a la plancha (carne de cerdo)	Salteado de champiñón y zanahoria	Escalope de contramuslo de pollo (huevo y pan rallado sin gluten)	Filete de abadejo al vino blanco (harina sin gluten, pimienta, cebolla, ajo, vino, margarina, perejil y caldo de pescado)																																																																																
Ensalada de Lechuga, maíz, tomate, zanahoria y aceitunas	Fruta	Ensalada de tomate y maíz	Patatas al ajo-perejil																																																																																
Fruta	Fruta/Yogur	Fruta/Yogur	Fruta																																																																																
Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua	Pan sin gluten y agua																																																																																
<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>703</td><td>33.9 g</td><td>78.2 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>691</td><td>36.1 g</td><td>74.2 g</td><td>24.3 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	703	33.9 g	78.2 g	25.8 g	Kcal	Prot	HCar	Lipid	691	36.1 g	74.2 g	24.3 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>32.2g</td><td>78.2 g</td><td>25.7g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>32.2g</td><td>78.2 g</td><td>25.7g</td></tr> </table>	Kcal	Prot	HCar	Lipid	700	32.2g	78.2 g	25.7g	Kcal	Prot	HCar	Lipid	700	32.2g	78.2 g	25.7g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>703</td><td>33.9 g</td><td>78.2 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>700</td><td>34.8 g</td><td>77.3 g</td><td>25.9 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	703	33.9 g	78.2 g	25.8 g	Kcal	Prot	HCar	Lipid	700	34.8 g	77.3 g	25.9 g	<table border="1"> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>703</td><td>33.9 g</td><td>78.2 g</td><td>25.8 g</td></tr> <tr><td>Kcal</td><td>Prot</td><td>HCar</td><td>Lipid</td></tr> <tr><td>688</td><td>35.7 g</td><td>73.2 g</td><td>24.7 g</td></tr> </table>	Kcal	Prot	HCar	Lipid	703	33.9 g	78.2 g	25.8 g	Kcal	Prot	HCar	Lipid	688	35.7 g	73.2 g	24.7 g																
Kcal	Prot	HCar	Lipid																																																																																
703	33.9 g	78.2 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
691	36.1 g	74.2 g	24.3 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	32.2g	78.2 g	25.7g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	32.2g	78.2 g	25.7g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
703	33.9 g	78.2 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
700	34.8 g	77.3 g	25.9 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
703	33.9 g	78.2 g	25.8 g																																																																																
Kcal	Prot	HCar	Lipid																																																																																
688	35.7 g	73.2 g	24.7 g																																																																																